

Size Chart - Child Ballet Shoes

MDM suggested sizing for:



Intrinsic
Intrinsic Reflex

Available	
N/A	

Please note: UK/European customers will **only** have access to N, M widths.
NN and W fittings are **not currently available** for UK/Europe, 2020.

		CHILD LENGTH																					
		6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	1	1.5	2	2.5	3	
WIDTH	0	7NN	7.5NN																				
	1	7NN	7.5NN	8NN	8.5NN																		
	2	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10NN														
	3	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN	10NN	10NN	10.5NN	11NN	11.5NN	11.5NN										
	4	7N	7.5N	8NN	8.5NN	9NN	9.5NN	10NN	10NN	10.5NN	11NN	11.5NN	11.5NN	12NN									
	5	7N	7.5N	8N	8.5N	9NN	9.5NN	10NN	10NN	10.5NN	11NN	11.5NN	11.5NN	12NN	12.5NN	13NN							
	6	7N	7.5N	8N	8.5N	9N	9.5N	10N	10N	10.5NN	11NN	11.5NN	11.5NN	12NN	12.5NN	13NN	13.5NN						
	7	7N	7.5N	8N	8.5N	9N	9.5N	10N	10N	10.5N	11N	11.5N	11.5N	12NN	12.5NN	13NN	13.5NN	1NN	1.5NN				
	8	7M	7.5M	8N	8.5N	9N	9.5N	10N	10N	10.5N	11N	11.5N	11.5N	12N	12.5NN	13NN	13.5NN	1NN	1.5NN	2NN	2.5NN	3NN	
	9	7M	7.5M	8M	8.5M	9N	9.5N	10N	10N	10.5N	11N	11.5N	11.5N	12N	12.5N	13N	13.5NN	1NN	1.5NN	2NN	2.5NN	3NN	
	10	7M	7.5M	8M	8.5M	9M	9.5M	10M	10M	10.5N	11N	11.5N	11.5N	12N	12.5N	13N	13.5N	1NN	1.5NN	2NN	2.5NN	3NN	
	11	7M	7.5M	8M	8.5M	9M	9.5M	10M	10M	10.5M	11M	11.5M	11.5M	12N	12.5N	13N	13.5N	1N	1.5N	2NN	2.5NN	3NN	
	12	7W	7.5W	8M	8.5M	9M	9.5M	10M	10M	10.5M	11M	11.5M	11.5M	12M	12.5N	13N	13.5N	1N	1.5N	2N	2.5N	3N	
	13	7W	7.5W	8W	8.5W	9M	9.5M	10M	10M	10.5M	11M	11.5M	11.5M	12M	12.5M	13M	13.5N	1N	1.5N	2N	2.5N	3N	
	14	7W	7.5W	8W	8.5W	9W	9.5W	10W	10W	10.5M	11M	11.5M	11.5M	12M	12.5M	13M	13.5M	1N	1.5N	2N	2.5N	3N	
	15	7W	7.5W	8W	8.5W	9W	9.5W	10W	10W	10.5W	11W	11.5W	11.5W	12M	12.5M	13M	13.5M	1M	1.5M	2N	2.5N	3N	
	16			8W	8.5W	9W	9.5W	10W	10W	10.5W	11W	11.5W	11.5W	12W	12.5M	13M	13.5M	1M	1.5M	2M	2.5M	3M	
	17					9W	9.5W	10W	10W	10.5W	11W	11.5W	11.5W	12W	12.5W	13W	13.5M	1M	1.5M	2M	2.5M	3M	
	18									10.5W	11W	11.5W	11.5W	12W	12.5W	13W	13.5W	1M	1.5M	2M	2.5M	3M	
	19													12W	12.5W	13W	13.5W	1W	1.5W	2M	2.5M	3M	
	20														12.5W	13W	13.5W	1W	1.5W	2W	2.5W	3W	
	21																13.5W	1W	1.5W	2W	2.5W	3W	
22																	1W	1.5W	2W	2.5W	3W		

ADULT SIZES NEXT PAGE

Size Chart - Adult Ballet Shoes

MDM suggested sizing for:



Intrinsic Reflex

Please note: UK/European customers will **only** have access to N, M widths. NN and W fittings are **not currently available** for UK/Europe, 2020.

Available	
N/A	

		ADULT LENGTH																
		4	4.5	5	5.5	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12
WIDTH	8	4NN	4.5NN	5NN	5.5NN													
	9	4NN	4.5NN	5NN	5.5NN	6NN	6.5NN											
	10	4NN	4.5NN	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN									
	11	4NN	4.5NN	5NN	5.5NN	6NN	6.5NN	7NN	7.5NN	8NN								
	12	4N	4.5N	5N	5.5N	6NN	6.5NN	7NN	7.5NN	8NN	8.5NN							
	13	4N	4.5N	5N	5.5N	6N	6.5N	7NN	7.5NN	8NN	8.5NN	9NN	9.5NN					
	14	4N	4.5N	5N	5.5N	6N	6.5N	7N	7.5N	8NN	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN		
	15	4N	4.5N	5N	5.5N	6N	6.5N	7N	7.5N	8N	8.5NN	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN
	16	4M	4.5M	5M	5.5M	6N	6.5N	7N	7.5N	8N	8.5N	9NN	9.5NN	10NN	10.5NN	11NN	11.5NN	12NN
	17	4M	4.5M	5M	5.5M	6M	6.5M	7N	7.5N	8N	8.5N	9N	9.5N	10NN	10.5NN	11NN	11.5NN	12NN
	18	4M	4.5M	5M	5.5M	6M	6.5M	7M	7.5M	8N	8.5N	9N	9.5N	10N	10.5N	11N	11.5NN	12NN
	19	4M	4.5M	5M	5.5M	6M	6.5M	7M	7.5M	8M	8.5N	9N	9.5N	10N	10.5N	11N	11.5N	12N
	20	4W	4.5W	5W	5.5M	6M	6.5M	7M	7.5M	8M	8.5M	9N	9.5N	10N	10.5N	11N	11.5N	12N
	21	4W	4.5W	5W	5.5W	6M	6.5M	7M	7.5M	8M	8.5M	9M	9.5M	10N	10.5N	11N	11.5N	12N
	22	4W	4.5W	5W	5.5W	6W	6.5W	7W	7.5M	8M	8.5M	9M	9.5M	10M	10.5M	11M	11.5N	12N
	23	4W	4.5W	5W	5.5W	6W	6.5W	7W	7.5W	8W	8.5M	9M	9.5M	10M	10.5M	11M	11.5M	12M
	24				5.5W	6W	6.5W	7W	7.5W	8W	8.5W	9M	9.5M	10M	10.5M	11M	11.5M	12M
	25					6W	6.5W	7W	7.5W	8W	8.5W	9W	9.5W	10M	10.5M	11M	11.5M	12M
	26								7.5W	8W	8.5W	9W	9.5W	10W	10.5W	11W	11.5M	12M
	27										8.5W	9W	9.5W	10W	10.5W	11W	11.5W	12W
28											9W	9.5W	10W	10.5W	11W	11.5W	12W	